



April 2023

Special Spring Break issue

# Strikes, spares and loads of fun

## Bowling trips are a big hit with Banyan students

### Staff Report

Banyan basketball has concluded, the weather is warming up, and spring has begun, which can only mean one thing for Banyan students.

It's bowling season!

A group of about 20 students boarded a bus with Mr. Hofmann to Boonton Lanes, where the kids bowled to their heart's content. There were strikes, spares and most of all .. a lot of laughter and fun!

Banyan students have been going on bowling trips for 14 years and have loved every moment.





# Can anybody guess this song?

Rock Out Wednesday gives AM announcements added pizzazz

## Staff Report

Morning announcements used to consist of the Pledge of Allegiance, maybe a birthday, and a few of the goings-on at Banyan.

But on Wednesdays, everyone in schools drops what they are doing and pays extra close attention. That's because Ms. Gross engages everyone with Rock Out Wednesday, which is similar to Name That Tune.

Here is how to play: Ms. Gross plays the first handful of notes of a popular song. Students and their homerooms must then name the song and artist. Winners receive a Banyan Buck!





# Going out with a bang

JV hoops, cheering concludes with great fan turnout

## Staff Report

Banyan's basketball and cheerleading seasons came to a conclusion and it was another wonderful season for all. JV players not only learned the rules of the game but also about life skills such as competition and teamwork. Cheerleaders learned their cheers and performed in front of a packed gymnasium.

Both the players and cheerleaders brought miles of smiles to their many fans.

Bulls players, who were coached by Mr. Stacey, were Alex, Michael, Max, Sammy G., and Albert.

The Dogs, coached by Mr. Hofmann and Mr. Western, consisted of Jonah, Samay, Timmy, Emma, Matthew T., and Chase.

The cheerleaders, coached by Ms.

Gross, Ms. Gwen, and Ms. Z., were: Theo, Rania, Mae, Rayna, Elliot, Tommy, Maeve, Kelly, Bella W., Bella H., and Jessica.







# Swing, batter batter batter!

## Whiffle Ball games return to Phys Ed

### Staff Report

Major League Baseball's Opening Day was last week, so what better time than to break out the whiffle ball bats, balls, and batting tee? Students hit, fielded and ran the bases in Phys Ed class. They also learned about patience, hand-eye coordination and teamwork.



# Getting social on Saturdays

Fun activities the name of the game at Saturday Social

## Staff Report

Banyan students are loving Saturday Social! Students gathered last week to participate in

dance, basketball  
competition, arts and  
crafts, scooter races and  
... of course, food and  
fun!!



# Walking our way to fitness



New treadmill all the rage in Banyan's gym

## Staff Report

What's the best way to tone up for the summer? By walking outside – walking inside!

We have a new treadmill in the gym and the students are loving it!

Walking is a great form of cardiovascular exercise. Our fitness mission is to elevate our heart rates and walking – either outside or inside – is perfect for getting our bodies moving!





# Exercising for health ... and fun

## Banyan celebrates Jump Rope for Heart

### Staff Report

Banyan celebrated Jump for Heart by doing a lot of non-stop exercising earlier this week.

And boy, were their hearts pumping when they were through!

Students spent Phys Ed classes getting their heart rates up by doing push ups, situps and running an obstacle course in the courtyard.

And of course, they jumped rope to their heart's content!

Ms. Melanie Dixon of the American Heart Association (pictured below) gave a fun presentation before we went on break.

It is not too late to donate to the AHA fundraiser!



